

CURRICULUM VITAE

Thomas Scott Ziering, MD, FAAFP

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Email Address Professional: drz@drtomzierung.com
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Date of Birth: May 1, 1961
Place of Birth: East Orange, New Jersey
Relationship Status: Partnered/Married 28 years
2 Grown Children, 1 Grandchild

PROFESSIONAL EDUCATION:

- 1990: Residency Completed July 1, 1990
- Somerset Family Practice Residency
Somerset Medical Center
110 Rehill Avenue
Somerville, NJ 08876
- Two Month Elective External Rotations Included:
Parkland Memorial Hospital, Dallas Tx: Cardiology
Jackson Memorial Hospital, Miami, Fla.: Dermatology & Skin Cancer
- 1988: Internship Completed
- Somerset Family Practice Residency
Somerset Medical Center
110 Rehill Avenue
Somerville, NJ 08876
- 1987: Doctor of Medicine (May 22, 1987)
- University of Medicine and Dentistry of New Jersey
New Jersey Medical School
Newark, NJ 07103
- Two Month Elective Externship Rotations Included:
- Royal Postgraduate Hospital, Hammersmith Hospital,
London, England: Haematology & Oncology
- Mt Sinai Medical School, New York, New York: Radiology
- Overlook Hospital, Summit, New Jersey: Hospital Family Medicine
- 1983: Bachelor of Science; Dual Major: Biology and Natural Science, Magna Cum Laude
- Muhlenberg College
Allentown, PA 18104
- 1979: High School Diploma; Graduated with High Honors
- West Orange Mountain High School
West Orange, NJ 07052

PROFESSIONAL EDUCATION AND CREDENTIALS POST GRADUATE

American Medical Association National Boards Completed - Diplomate July 1, 1988
 Self-Assessment Manuals Completed Yearly for American Board of Family Practice
 Physicians Recognition Award every 3 years since Residency; Last 1/1/12
 New Jersey Medical License # MA52179
 Florida Medical License # ME57100/Resigned Sept 2001 (In Good Standing)
 DEA: BZ1648902 IMP: Z9256185G UPIN: E44399
 NPI: 1902854870 (Personal) 1497293815 (Professional)
 Board Certified, American Board of Family Practice: 1990-1997
 Board Recertification: American Board of Family Practice 1997-2004; 2003-2013; 2012-2022
 Awarded "Fellowship" of American Academy of Family Practice 2000
 Awarded "Diplomate" of the American Academy of Family Practice 2010

HOSPITAL PRIVILEGES

Morristown Memorial Hospital (1992- Present)
 Department of Family Practice
Responsible for Developing and Creating Independent Department of Family Medicine
 100 Madison Avenue
 Morristown, NJ 07960

Somerset Medical Center (1990-1993)
 (Resignation in Good Standing)
 110 Rehill Avenue
 Somerville, NJ 08807

HONORS:

2018: Top Doctos For Womens Health; Selected By Their Peers. Inside New Jersey Magazine
 2018: 2018 Albert Nelson Marquis Lifetime Achievement Award. Marquis Who's Who.
 2017: Morristown Medical Center: In Recognition of 25 Years of Service
 2016: New Jersey's Top Doctors for Commitment to Excellence; USA Top Physicians in Healthcare
 2016: New Jersey Monthly Magazine: Top Family Physicians in NJ as Recognized by their Peers.
 2015: Leading Physicians of the World: International Association of Health Care Professionals
 2014: America's Who's Who: Top Doctors in America. 1994 Edition
 2013: New Jersey's Top Physicians 2013. Healthy Living Magazine. Fall 2013
 2013: Top Physicians in the United States. "US News and World Report: Top Physician Website".
 2013; New Jersey Monthly Magazine. "Top Physicians in New Jersey and Recommended by Their Peers."
 2013: Morristown Medical Center: In Recognition of 20 Years of Service
 2013: AAFP: In Recognition of 25 Years of Membership
 2012: 20 Year Service Award: Morristown Memorial Hospital
 2011: New Jersey's Most Recommended Physicians." National Consumer Survey, 2011 Edition
 2010-15 "Most Compassionate Doctor Award" as chosen by their patients.
 2010-13 "Patient Choice Award" for excellence in medicine.
 2010: Elected Vice- Chairman, Department of Family Practice, Morristown Memorial Hospital
 '96-2018 Castille – Connolly Guide of "How to Find the Best Doctors In the New York/Metro Area." Editions 1997 – 2018.
 2009-18: Inside New Jersey Magazine. New Jersey's Top Physicians., Spring 2009 - 2016
 2008-12: New Jersey's Favorite Physicians (As Chosen by their Patients), Spring 2008, 2009.2010.
 2008: New York Magazine's Best Doctors. New York Magazine. , 2008.
 2005: American Medical Association: Physician's Recognition Award for Excellence in Continuing Medical Education. 1990 – Present (all inclusive.)
 2005: Awarded an "International Peace Prize" by the Authority of the United Cultural Convention: United States of America. For "Daring to Soar and Creating a Harmony of Humankind."
 2005: Included in The Consumers Research Council of America. "America's Top Family Physicians."

- 2003: "Great Minds of the 21st Century as recognized in Mastery of Family Practice Medicine." The American Biographical Institute.
- 2003: Elected Vice-Chairman, Department of Family Practice, Morristown, Department of Family Practice, Morristown Memorial Hospital, Morristown, NJ
- 2003: Listed in New Jersey Monthly Magazine. September 2003, November 2001, and April 1996. "The Top Physicians in New Jersey.
- 2003: Listed in Kingston Registry of Who's Who as a "Top Family Physician in the United States". 2003 Ed.
- 2003 Listed in "Best Doctors, Northwest NJ." Better Living by Life Change Associates, Inc. The Complete Hospital and Healthcare Resource Guide.
- 2002 Listed as one of "The Top Family Physicians in the United States". Ladies Home Journal. (One of three in NJ.) May 2002 Issue.
- 2001 Included in New Jersey Monthly Magazine. "The Top Physicians in New Jersey." November, 2001 Issue.
- 2001: Included in Who's Who Among Executives and Professionals in America Both 2001 and 2000 Eds.
- 2000: Included in National Registry of Who's Who. 2000 & 2001 Eds.
- 1998: Included in National Directory of Who's Who. Lifetime Member.
- 1996 Included in New Jersey Monthly Magazine. "The Top Physicians In New Jersey." April 1996.
- 1996 Reelected Acting Chairman of the Department of Family Medicine, Morristown Memorial Hospital.
- 1995: Elected Acting Chairman of the Department of Family Medicine, Morristown Memorial Hospital.
- 1995: Included in Who's Who Among Executives and Professionals In America. 1995 Edition
- 1990: Awarded "Resident Teacher of the Year." Somerset Family Practice Residency Program.
- 1986: Nominated to Outstanding Young Men of America.
- 1985: Elected to the National Register of Outstanding College Graduates.
- 1984: A recipient of the New Jersey Medical School Alumni Scholarship.
- 1983: Graduated Muhlenberg College, Magna Cum Laude.
- 1983: Included in Who's Who Among Students in American Colleges and Universities. 1983 Edition.
- 1981 Recipient of the "Jules Baime Pediatric Summer Scholarship," Newark Beth Israel Medical Center, Newark, NJ
- 1981 Poetry published in American Collegiate Poet's Anthology, Spring 1981

EMPLOYMENT EXPERIENCE

3/15/17- Present: **Thomas S Ziering, MD,** LLC 39 Olcott Square, Bernardsville. Reestablished a Private Practice dedicated to the care of All Families and all health issues regardless of gender, sexual orientation, race, creed or belief. A Health Center without any sense of boundaries or discrimination. Ages range from 3 – End of Life. Include Traditional Family Practice in a pleasant relaxed setting and well as Transitional Health Care for those patients requiring hormone therapy and a "safe haven" for the LGBTIQ Community and Straight Community to come together in a life affirming office. Also added an in-office Psychotherapist skilled in Individual, Marriage and Family Counseling for all communities. It is a beautiful office that does not feel like a medical office at all but rather a welcoming affirming health focused center with vibrant art, aromatherapy and an affirming staff of all backgrounds. Also independent Nationwide Speaker on Trans Medicine and PEP/PREP Therapy.

5/24/2014 – 3/15/17 **Summit Medical Group: Medical Director; Lesbian, Gay, Bisexual, and Inter-sex Medicine.** Direct Patient care to the LGBTI Transgender community including

Transitional Medicine, Routine and Preventive Health Care. Also responsible for educating and training Over 500 Physicians and Ancillary Staff on LGBTI Healthcare.

5/2014 – 3/15/2017 **Summit Medical Group. Department of Family Practice. Primary Care Practitioner** Providing health care to ages 3 and up. Urgent, non-urgent and emergent medical care, minor surgery and dermatology.

9/1992 – 5/2014 **Family Practice Associates, P.C.** 39 Olcott Square, Bernardsville, NJ 07924. **Founder, Physician, Director, and Chief Administrating Officer of Family Medicine Office.** Responsibilities include all aspects of primary care plus the development, architectural design, business, advertising, furnishing and staffing of a new medical office. Direct patient care provided to all ages. Office Staff includes 7 staff. Medical Care includes: Urgent, non-urgent and emergent medical care, minor surgery and dermatology.

7/1/2013 – 1/01/2014 **Pfizer Speakers Bureau; Medical News Commentator.** Responsible for Presenting Information in Video Seminars Educating Pfizer Pharmaceutical Representatives in discussing Diabetic Peripheral Neuropathy with Primary Care Practitioner. Also, Primary Care Specialist on Presenting Painful Diabetic Peripheral Neuropathy for Video Webinar to over 4000 Primary Care Physicians; live Q & A.

1/1/03 – Present **Thomas S. Ziering, MD: Independent Lecturer, Educator and Facilitator** on various subjects within Medical Community Including: Therapeutic (Pharmacologic) Education, Medical Advertising Strategies, Medical Ethics and and Office Surgery for Attending Physicians and Residents.

2002 – 2014 **Associate Clinical Professor: UMDNJ: New Jersey Medical School, Newark, NJ; Department of Family Practice and UMDNJ: Robert Wood Johnson Medical School.** Responsible for Formal Didactic Sessions; Clinical Preceptor for Second and Third Year Medical Students. (Volunteer)

7/2002-12/2003 **Somerset Hills School District:** Physician directly responsible for redeveloping and implementing new NJ state laws regarding healthcare for Students grades K – 12. Also responsible for nursing education, presence at football games, and reviewing all health related forms and redeveloping new protocols for emergencies.

9/1991-7/2002 **Bedminster Township Public School: School Physician.** Responsible for approximately 300 school physicals and school medical policy. Oversaw health and appropriate vaccination of teachers and developed health care curriculum as well as lectured to students in a classroom environment.

7/1995-9/1995 **New Jersey Health, Inc. Medical and Procedural Consultant** for Management Services Organization. Responsibilities included part-time Medical care, staffing and development of a new Primary Medical Office site directly responsive to Somerset Medical Center employees.

6/1992 - 6/1994 **Morristown Memorial Hospital; Clinic Service.** Volunteer preceptor to clinic for both inpatient and outpatient care. Worked directly with Internal Medicine Residents in both didactic and clinical manner

8/1990-9/1992 **Bedminster Family Practice,** Bedminster Medical Plaza, Suite 11, One Robertson Road, Bedminster, NJ 07921. **Medical Director and Primary Care Physician.** Primary Physician in a Traditional Family Practice Setting with Walk-in/Urgent Care Capabilities. Responsibilities included all aspects of primary medical care, minor surgical procedures, flexible sigmoidoscopy and suturing. Ages of patients ranged from newborn to grandparent.

3/1989-7/1990 **Your Doctors' Care**, 45 Route 206 South, Hillsboro, NJ 08876. Urgent Care Moonlighting Position: Two MD's staffing per shift, 4 exam rooms, an emergency room and an X-ray room. Responsibilities included evaluation of acute and chronic problems.

OFFICES AND POSITIONS

2014- PRESENT Medical Director: Gay, Lesbian, Bisexual, Transgendered and Inter-sexed Healthcare, Summit Medical Group

2012-2013 Physician , Atlantic Health Committee on Development of LGBT HEI Accreditation

2012- 2014: Nationwide Lecturer on the use of Lyrica in PHN via Satellite.

2009-2011 Vice Chairman, Department of Family Practice, Morristown Memorial Hospital

2009-2010 Primary Care Physician Advisory Board to Morristown Memorial Hospital

2005 Men's Sexual Health Network Physician, Pfizer Pharmaceuticals.

2002-2003 Glaxo Pharmaceuticals Speaker: Migraines, Depression, and Antibiotics

2003 Vice-Chairman., Department of Family Medicine. Morristown Memorial Hospital, Morristown, NJ.

2002 Pfizer Representative for Information Speakers Bureau; Zoloft

2001-2003 Secretary, Department of Family Practice, Morristown Memorial Hospital

1998-2000 Board Member: Gay and Lesbian Medical Association.

Over 22 countries worldwide involved. San Francisco

1996: Appointment to Attending Staff, Morristown Memorial Hospital.

1996-1998 Acting Chairman, Department of Family Medicine, Morristown

1995-1996 Acting Chairman, Department of Family Medicine, Morristown Memorial Hospital

1995- present Member, Medical Leadership Council, Morristown Memorial.

1994-1996 Volunteer, Jewish Family Services: Gay and Lesbian Task Force, Board of Trustees

1994-1996 Associate Staff, Morristown Memorial Hospital NJ.

1992 Created Independent Department of Family Practice, Morristown Memorial Hospital

1992-1994 Assistant Staff, Morristown Memorial Hospital..

1991-Present Clinical Associate Professor of Medical Students/Residents for New Jersey Medical School (Rutgers) & Robert Wood Johnson Medical School, Family Life Advisory Committee Medical Consultant, Bedminster School.

1990-1995 Somerset Valley Visiting Nurses Association - Board Member.

1990-1994 Associate Staff, Somerset Medical Center.

1991-1993 Medical Advisor, Schering Plough HealthCare, Liberty Corner.

1991-1992 American Cancer Society, Somerset County Chapter Board of Managers.

1987-1990 New Jersey Academy of Family Physicians Residency Network: Chairman.

1988-1990 American Cancer Society, Somerset County Chapter Professional Education Committee Member.

1987-1990 New Jersey Academy of Family Physicians. Resident Board of Trustee Member.

1984-1985 New Jersey Medical School, Program Director, Student Council.

1984 New Jersey Medical School, Student Coordinator, Freshman Orientation.

PROFESSIONAL MEMBERSHIPS

2013 – Present: LGBT Advisor to NJ Board of the NJ Academy of Family Practitioners

2003 – Present:	Lambda Legal Professional Organization
2002 – Present	Human Rights Campaign
1994-Present	GLMA: Gay and Lesbian Medical Association (Former Board Member)
1992-Present	Morris County Chapter of Family Practitioners
1986-Present	American Academy of Family Practitioners
1986-Present	New Jersey Academy of Family Practitioners
1983-Present	Medical Society of New Jersey
1986-1992	Somerset County Chapter of Family Practitioner

CLINICAL RESEARCH ACTIVITIES (Published)

2005	Clinical Researcher: Photorejuvenation with iClearXL Blu Light -One of two NJ Physicians to carry on trials utilizing rapid turnover of skin cells via stimulation with Blue Spectrum and infrared light wavelengths.
1998	Clinical Researcher: CNA3008/Abacavir -Unreimbursed clinical trials using an experimental reverse transcriptase inhibitor. Investigator #09591.
1998	Clinical Researcher: DMP 266-903/Sustiva Expanded Access -Unreimbursed clinical trials using an experimental non-nucleoside transcriptase inhibitor in AIDs Patient non-responders.
1998	Clinical Researcher: GS-97-423/Preveon Expanded Access - Unreimbursed clinical trials using an experimental reverse transcriptase inhibitor in AIDS patients. Investigator #130.
1996	Clinical Researcher: 3TC/Epivir Clinical Trials - Unreimbursed clinical trial with new, highly effective reverse transcriptase inhibitors

LECTURES/PRESENTATIONS

Quality Healthcare of Transgender People: How to Enact a Safe and Appropriate Transgender Healthcare Model for a Healthcare System. Summit Medical Group Board of Directors and Medical Directors. January 2017.

LGBTI and Gender Fluid Health Care: An Underserved Population at Significant Physical and Mental Health Risk. Seton Hall University, Physicians Assistant Program: November 5, 2016

LGBTIQ Health Care Primer for the Primary Health Care Provider. First Year Medical Students; Robert Wood Johnson Medical School. March 2017. Presented again to the Veteran's Administration in East Orange Health Care System September 2016.

"The LGBTI Population: An Underserved Community at Great Risk": June 2014 (Various Dates)

- Primary Care Physicians
- OB/GYN Department at Summit Medical Group
- Psychiatric Department of Morristown Memorial Hospital (Broadcast through the hospital)
- Nursing Staff at Summit Medical Group

"LGBTI Medicine: Gender Identity and Sexual Orientation. What's the difference?" June 2014

"Transitional Medicine: What does the future hold? How easy is it to transition a patient?" July 2014

- Department of Primary Care & OB/GYN at Summit Medical Group

“How to Prevent the transmission of the HIV Virus through PReP and PEP Prophylaxis” March 2016

- Medical and Administrative Staff at Summit Medical Group,

“Audiogram: LGBTI Medicine and Healthcare.” Summit Medical Group Audio Archives. June 2015

Interview: “New Jersey Magazine” – Two Jersey Doctors Blaze a New Trail by Offering Primary Care Tailored to LGBT Patients. March 2015.

Treating Diabetic Peripheral Neuropathy from a Primary Care Perspective.” Pfizer Pharmaceuticals National Broadcast Webinar. Geared to PCP. January 2014

“Finding the Right Physician for your Personal Medical Needs and Issues.” The Pride Guide. Asbury Park Press. June 1, 2010. (Article)

Depression Treatment for the Primary Care Practitioner.” Grand Rounds for the Dept of Family Medicine of Somerset Medical Center. Somerville, New Jersey. January 18, 2005.

“Sexual Identity, Sexual Orientation, Alternative Lifestyles, Same Gender Relationships: Opening Your Mind to Patients in Alternative Lifestyles.” Second Year Medical Students, New Jersey Medical School, Newark, New Jersey. March 1, 2002

“How to Take A Comfortable and Comprehensive Sexual History.” The Residents of Internal Medicine at Morristown Memorial Hospital. March 16, 2002.

“Sexual Identity, Sexual Orientation, Alternative Lifestyles, Same Gender Relationships: Opening Your Mind to Patients in Alternative Lifestyles.” Second Year Medical Students, New Jersey Medical School, Newark, New Jersey. March 1, 2002.

“Grand Rounds for the Gay, Lesbian, & Bisexual Community.” The Residents of Family Practice Medicine, Somerset Medical Center, Somerville, NJ. May 7, 2002.

“Reach: Treatment of Depression in Individuals.” Facilitator and Lecturer for Pfizer Pharmaceuticals to other Family Physicians. Short Hills Hilton, September 2002.

“Migraine Headache: Level 2.” The Residents of Family Practice at Somerset Medical Center, Somerville, New Jersey. November 2002.

“Asthma Update: Treatment and Evaluation.” The Residents of Family Practice at Somerset Medical Center, Somerville, New Jersey. August 28, 2003.

“Taking An Appropriate Sexual History.” The Internal Residents of Morristown Memorial Hospital. 1997-2010.

“How to Approach the Gay, Lesbian or Transgendered Patient.” The Combined New Jersey and Pennsylvania Academy of Family Practice, Atlantic City, New Jersey. August 2000 Meeting.

“Sexual Identity/Sensitivity.” First Year Medical Students, New Jersey Medical School, Newark, NJ. February 1998.

“Depression and Anxiety: Evaluation and Treatment.” Internal Medicine Residents, Morristown Memorial Hospital, Morristown, NJ. March 1997.

“Minor Surgery for the Primary Care Physician.” The Residents of Morristown Memorial Hospital, Morristown, New Jersey. April 1997.

INTERESTS:

Professional:

Primary Medical Education and Clinical Medicine are a passion of mine; especially their relation to the changes in the demographics and the ever-changing perspective and treatments constantly evolve. I find Traditional Family Medicine and LGBTI Health as one of the most fascinating, rapidly changing and dynamic fields of healthcare. I firmly believe patients need appropriate time with their Practitioners to accomplish an ideal health care balance by uniting body, mind and spirit with not just traditional medical care but through the use of alternative health care and mind-body medicine.

Having continuing education In the area of HIV prevention, Treatment and Transitional Medicine few understand provides me unique opportunity for education of colleagues and of families alike. I feel invigorated having a passion in this area fully love sharing this with Physicians and Families alike. The more I learn in this area, the more I want to share my newfound knowledge.

Holistic medicine is no longer the wave of the future, it is the “here and now” of medicine. Integration of impact of the mind:body continuum is essential for our ever aging population. I have used alternative medications and therapies over the years and have learned never to discount or discredit an alternative modality without opening my mind to it first. I will frequently substitute natural therapies and remedies for traditional medications for those patients who prefer that form of therapy where appropriate and not only are the results astounding, the compliance and trust that ensues from “hearing each other” is mutually gratifying.

I am blessed with a career that I truly love and look forward to on a daily basis with enthusiasm and great enjoyment; I happen to love what I do. Family Medicine is a specialty that allows for an ever changing color wheel of issues; patient interaction is a pleasure and a privilege. I find that each patient interview is half medicine and half conversation with people who all have stories and concerns. I find it very difficult to spend ten minutes with a patient without understanding their overall Issues both physically and emotionally (both often Interwoven)

My office interests include: Office-Based Minor Surgery, Dermatologic, Psychopharmacology, Transitional Medicine, HIV Education and Prophylaxis, Transitional (Hormonal) Medicine, Emergency and Urgent Care Medicine and traditional Family Medicine.

Personal:

I would personally like to enhance my creative side both in visual and writing abilities. I enjoy Foreign Travel, Culture Studies and Sociology; Art History and Appreciation, Creative Writing, Music, Theater and Film. I am fascinated by Politics, National and World News given all the recent changes to the medical delivery system and world politics.

REFERENCES AVAILABLE UPON REQUEST